

Our program starts at 9:30 am and finishes at 2:00 pm with transport available in some areas. Options are available if you would like a shorter day ~ just phone Karina on 5578 1668 to help us meet your individual needs.

Liberty provides services through funding from the Australia Government Department of Health and to individuals funded by the National Disability Insurance Scheme.

GETTING HERE

Our vehicles are out and about in some areas of the following suburbs for pick up for arrival at the centre at 9:30 am and departure at 2:00 pm:

Ashmore	Carrara
Gaven	Highland Park
Nerang	Pacific Pines
Southport	Worongary

Phone us on 5578 1668 to see if we can pick you up. Please note there are no toilet facilities in our vehicles and the length of time you may be on the bus will vary but may be up to 45 minutes. Transport may incur an additional fee.

Our Centre is conveniently located in Nerang and if Liberty can't pick you up are other options available :

Volunteering Gold Coast Transport*
Ph : 5526 5288

Transcord Community Transport*
Ph : 5539 3733

13cabs
Ph : 13 2227

*Subsidised transport available for eligible people.
Contact My Aged Care or your Package Provider/Plan Manager for details.

We recognise that people need people so every weekday Liberty offers an opportunity to connect with others and be part of the Liberty family.

When you visit our Centre in Nerang you can make friendships over morning tea and lunch and be involved in activities that interest you.

Liberty Community Connect

31 Martin Street, Nerang | Ph : 5578 1668 | www.libertycommunity.org.au

ELIGIBILITY / COSTS

To be eligible to attend Liberty's group social programs clients need to:

- hold, or request, a referral code for "Social Support Group" under the Commonwealth Home Support Programme. This can be obtained by phoning My Aged Care (Ph : 1800 200 422). A client contribution of \$17 is payable for the full day program plus any activity/entry fee.
- receive funding under a home care package - phone Liberty for cost.
- receive funding under the National Disability Insurance Scheme - phone Liberty for cost.
- if you do not receive government funding and would like to attend as a private client please phone to discuss the cost.

Your first visit is free so phone Karina to arrange a meet and greet!

If you have booked into one of our activities and unable to come please phone us 5578 1668 to let us know



liberty
community connect

July/ August Program 2022



Our Livin' Well programs are designed to help people feel vibrant and get the most out of every day. Our experienced staff and volunteers are bright and enthusiastic and aim to bring smiles to people's faces.

Venues, activities, theme weeks and presenters regularly change so keep an eye out for our monthly program and make sure you phone 5578 1668 to book your spot so you don't miss out.

JULY 2022 In Centre

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4 Mini Golf Quiz Time	5 Exercise Circuit	6 Balloon Table Tennis	7 Colour Therapy Board Games	8	9
10	11 Ball Exercises Connect Four	12 Water Colour Painting	13 State of Origin Blues vs Maroons Games and Prizes	14 NEW Chair Hockey	15	16
17	18 Pyjama Week Fun & Fancy Dress	19 Pyjama Week Fun & Fancy Dress	20 Pyjama Week Fun & Fancy Dress	21 Pyjama Week Fun & Fancy Dress	22	23
24	25 Armchair Travel- Egypt	26 Balloon Table Tennis	27 Trivia Buzz	28 Mini Golf	29	30
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AUGUST 2022 In Centre

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Board Games	2 NEW Chair Hockey	3 Bucket Toss	4 Balloon Table Tennis	5	6
7	8 Name that Tune Pictograms	9 Giant Snakes & Ladders	10 NEW Roll It, Play It	11 Armchair Travel- Vietnam	12	13
14	15 Celebrity Heads	16 Ball Exercises	17 Bocce	18 Hungry Hippos	19	20
21	22 NEW Roll It, Play It	23 Song Pictionary	24 Mini Golf	25 Reminiscing School Days	26 CLOSED Public Holiday	27
28	29 Rock N Roll Concert with Roy	30 Rock N Roll Concert with Michael J	31 Rock N Roll Concert with Roy	1 Rock N Roll Concert with Roy	2	3

In Community JULY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Santa Barbara Hope Island Picnic	2
3	4 Southport RSL Tommy Memphis Bring \$\$\$	5 Macintosh Island Surfers Paradise BBQ	6 Paradise Point Picnic	7 DJ Smith Memorial Park Canungra Picnic	8 Boathouse Tavern Coomera Bring \$\$\$	9
10	11 Macintosh Island Surfers Paradise Picnic	12 Harrigans Hotel Bring \$\$\$	13 Broadwater Parklands South Picnic	14 Budd's Beach Surfers Paradise Picnic	15 Hinze Dam Gilston BBQ	16
17	18 Flooded Gum Park Pacific Pines BBQ	19 Proud Park Main Beach Picnic	20 Musgraves Bowls Club Bring \$\$\$	21 Abraham Park Coomera BBQ	22 Tallowood Park Coomera Picnic	23
24	25 Paradise Point BBQ	26 DJ Smith Memorial Park Canungra Picnic	27 Banksia Park Hope Island Picnic	28 Emerald Lakes Golf Club Bring \$\$\$	29 Paradise Point BBQ	30
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In Community AUGUST 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Boathouse Tavern Coomera Bring \$\$\$	2 Broadwater Parklands South BBQ	3 4th Avenue Burleigh Picnic	4 Proud Park Main Beach BBQ	5 Harrigans Hotel Jacobs Well Bring \$\$\$	6
7	8 Jabiru Island Hope Island Picnic	9 Paradise Point Cycling Without Age Picnic	10 Tallai Golf Club Bring \$\$\$	11 Thorn Park Miami BBQ	12 Macintosh Island Surfers Paradise BBQ	13
14	15 Cascade Gardens Broadbeach Picnic	16 Tallowood Park Coomera Fish n Chips \$\$\$	17 Country Paradise Nerang BBQ	18 Ross Evans Garden Centre Bring \$\$\$ Lunch at Cafe	19 Banksia Park Hope Island Picnic	20
21	22 Thorn Park Miami BBQ	23 Margaret Beach Broadbeach Picnic	24 Jabiru Island Hope Island Picnic	25 Paradise Point Cycling Without Age Picnic	26 CLOSED Public Holiday	27
28	29 Pimpama Tavern Bring \$\$\$	30 Runaway Bay Shopping Centre Bring \$\$\$	31 Macintosh Island Surfers Paradise Picnic	1 Botanic Gardens Benowa BBQ	2 The Wattle Hotel Upper Coomera Bring \$\$\$	3

****Don't forget to let us know if you will be away from your program before the day, phone Jade on 5578 1668****