

What Else You Need to Know

ELIGIBILITY / COSTS

To be eligible to attend Liberty's group social programs clients need to:

- hold, or request, a referral code for "Social Support Group" under the Commonwealth Home Support Programme.
This can be obtained by phoning My Aged Care (Ph : 1800 200 422).

A client contribution of \$17 is payable for the full day program plus any activity/entry fee.

- receive funding under a home care package - phone Liberty for cost.
- receive funding under the National Disability Insurance Scheme - phone Liberty for cost.
- if you do not receive government funding and would like to attend as a private client please phone to discuss the cost.

Your first visit is free so phone Karina to arrange a meet and greet!

GETTING HERE

Our vehicles are out and about in some areas of the following suburbs for pick up for arrival at the centre at 9:30 am and departure at 2:00 pm:

Ashmore	Carrara
Gaven	Highland Park
Nerang	Pacific Pines
Southport	Worongary

Phone us on 5578 1668 to see if we can pick you up. Please note there are no toilet facilities in our vehicles and the length of time you may be on the bus will vary but may be up to 45 minutes. Transport may incur an additional fee.

Our Centre is conveniently located in Nerang and if Liberty can't pick you up are other options are available :

Volunteering Gold Coast Transport*
Ph : 5526 5288

Transcord Community Transport*
Ph : 5539 3733

13cabs
Ph : 13 2227

*Subsidised transport available for eligible people. Contact My Aged Care or your Package Provider/Plan Manager for details.

If you have booked into one of our activities and unable to come please phone us on 07 5578 1668 to let us know

- Our programs cater for all abilities however some activities do have some ratio and other restrictions depending on the level of support people require. Please phone Karina to discuss your suitability and how we can meet your support needs.
- We care about your health and safety and follow directions of Queensland Health.
- We aim to offer you the advertised program however alterations may be necessary due to unforeseen events.

Liberty Community Connect

31 Martin Street, Nerang | Ph : 5578 1668 | www.libertycommunity.org.au



Community Activities



We recognise that people need people so every weekday Liberty offers an opportunity to connect with others and be part of the Liberty family. When have morning tea in the Centre in Nerang before heading out on our adventure into the Community.

Quality of life can be positively impacted by social participation. It can influence psychological and physical wellbeing, contribute to healthy ageing, and optimise cognitive and physical functioning. Social participation not only improves physical, mental and emotional health, but also provides an opportunity for people to make new friendships, and contribute to a community through sharing of experiences, skills and knowledge.

Our Livin' Well programs are designed to help people feel vibrant and get the most out of every day. Our experienced staff and volunteers are bright and enthusiastic and aim to bring smiles to people's faces.

Our program starts at 9:30 am and finishes at 2:00 pm with transport available in some areas.

Options are available if you would like a shorter day ~

just phone Karina on

5578 1668 to help us meet your individual needs.

Liberty provides services through funding from the Australia Government Department of Health and to individuals funded by the National Disability Insurance Scheme.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 May	2 CLOSED Labor Day Public Holiday	3 Country Paradise Parklands Nerang BBQ	4 Jabiru Island Hope Island Picnic	5 Harley Park Labrador Picnic <hr/> Man2Man Motor Muesum Coomera Bring \$\$\$ for lunch	6 Broadwater Parklands South BBQ	7
8	9 Dublin Docks \$\$\$ for Lunch	10 Pizzey Park Miami BBQ	11 Bunnings Nerang meet up at Davenport Park Bonogin for Picnic	12 Laguna Park Palm Beach Picnic	13 M/T Country Paradise Benowa Tavern \$\$\$ for Lunch or <hr/> Nerang Bowls Club \$\$\$ for Lunch	14
15	16 Paradise Point Cycling without Age Picnic	17 Lone Star Tavern Merrimac \$\$\$ for Lunch <hr/> Hinze Dam BBQ	18 Paradise Point Cycling without Age Picnic	19 GC War Muesum Entry \$10 Picnic at Mudgeeraba Soccer Grounds	20 Q1 Skypoint Observation Deck Cost \$\$\$ Followed by Picnic at Cascade Gardens	21
22	23 Cascade Gardens Broadbeach Picnic	24 Runaway Bay Shopping Centre \$\$\$ for lunch <hr/> Paradise Point \$\$\$ for lunch	25 Dog N Parrot Tavern Robina \$\$\$ for Lunch	26 Broadwater Parklands Picnic <hr/> Man2Man Motor Muesum Coomera Bring \$\$\$ for lunch	27 Macintosh Island Surfers Paradise BBQ	28
29	30 McDonald's Nerang \$\$\$ for Lunch	31 Thorn Park Miami BBQ	1 June Hinze Dam Gilston Picnic	2 The Commercial Hotel \$\$\$ for Lunch	3 Thorn Park Miami BBQ	4
5	6 Tallowood Park Coomera Picnic	7 GC War Muesum Entry \$10 Picnic at Mudgeeraba Soccer Grounds	8 Broadwater Parklands Southport Picnic	9 Santa Barbara Hope Island BBQ	10 Pac Pines Tavern Pacific Pines \$\$\$ for Lunch	11

To Note :- We have dual programs running on several days or the option to meet up with the group in the park after the activity.
Please contact Karina for more information on 07 5578 1668 or to make a booking. Some activities have limited numbers.

*Our group social programs are CLOSED on Public Holidays