



VOLUME 77 - 2021



# liberty

## community connect

### Vision

To make a positive difference, promoting community connection and independence, by providing quality care and flexible opportunities

### Mission

For people to be empowered to live a life of their choice

### Values

We respect the choice and rights of all people  
We act with integrity and accountability in all that we do  
We are proudly focused on the well-being of our community









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**LIBERTY COMMUNITY CONNECT**

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## Farewell To Jo Todoruk - CEO

Wish me luck as you wave me GOODBYE...

The 2021 Liberty springtime magazine coincides with our 30th anniversary and 30 years here at Liberty Community Connect (nee Nerang Community Respite Care) for me personally.

This prominent date led me to ponder my life journey from here and it is with both sadness and excitement that I have given my resignation. I recently celebrated my 60th birthday and so I have spent half of my life with Liberty. My head and heart tell me there is another chapter ahead for me and it is with planned and prepared for fear that I'm courageously taking a leap of faith into the unknown. I'm very excited to discover my next destiny – whatever it may be! Whether I am retiring or resigning remains to be seen... as the saying goes when one door closes another one opens.

Very briefly, I'd like to reflect on Liberty's journey. Firstly, to the original management committee, congratulations on your insight and motivation in identifying that Nerang needed respite care for its local community. If you have kept in touch with our growth, I'm exceptionally confident that you will be more than satisfied with where your vision has grown.

Through diligence, Liberty gradually became the highly reputable organisation that it is today. We have gone from being a Home and Community Care provider with no clientele to providing services and support under the Commonwealth Home Support Program (CHSP), Home Care Packages (HCP) and the National Disability Insurance Scheme (NDIS) to over 650 locals in need.

The commencement of NCRCA was initiated by Father Pat Tynan of St Brigid's Catholic Parish. 'Day respite' was offered two days per week from the Bicentennial Hall on Nerang Southport Road. Our first day of service commenced with one client, one staff and four volunteers. Within 12 months we had 25 clients attending regularly.

In 1992, a house on McLaren Road was leased to us by the Catholic Parish and that year our home services commenced with the first two clients receiving in-home support.

In June 1993, we moved to our present home in Martin Street with a building purchased and transferred from the Catholic Parish to the new site. Day respite was offered two days per week with 15-20 clients and in home services were funded for 40 hours per week. The catchment area of NCRCA included Helensvale, Mudgeeraba, Carrara and Nerang. We now provide various services throughout the Gold Coast to 650 clients with 50 staff and 35 volunteers - it has been one heck of a journey!

If 30 years doesn't seem like that long ago here is some old time reminiscing for you; can you believe way back then I used to do payroll with cash and hand deliver them to staff in a yellow pay envelope. Funding submissions were hand-written with block letters and even the colour of ink to be used was specified. NCRCA's first brochure was hand drawn (and photocopied); each of our building extensions were initially hand drawn/doodled on a piece of scrap paper which I would then hand over to our architect to decipher.



There are so many people who have played an instrumental part to Liberty's journey. The management committees; the initial Coordinator, Linda, who was here for one month prior to my employment; Rosemary Seery, who was my first side kick in our 'day respite programs'; Area Home and Community Care (HACC) Managers, Peter Mark and June Wells, who were always available in supporting us through our growth; the Coordinators of other day respite centers on the Gold Coast who were very supportive of NCRCA and took me under their wings; Frank Smith the architect who generously donated his time to seeing my vision and designing our seven building extensions; Chris Lewis, Financial Officer, whose loyalty, dedication, skills and expertise ensured sound financial management of Liberty for 25+ years; a special mention to Cathy McCann who had a natural talent for taking diversional therapy to the next level. Without question our group social programs were the initial back bone of our success – one would only need access to our collection of poetry and photography to understand the truth in this; and Elevation Church for their gift of renovating our building in 2015 – thank you to each and every one of you! That was a very hectic weekend – 24/7!

A very special and heartfelt mention to Gypsy and Albert– two clients who very generously acknowledged Liberty's work with their bequests that to this day underpin our financial security. If you are watching over us - thank you Gypsy and Albert – xx.

With over 30 years history, there are many, many more names that could be mentioned - to all of you, on behalf of myself and Liberty I thank you from the bottom of my heart!

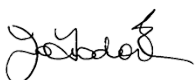
The years ahead for Liberty will no doubt be both challenging and full of opportunity! Changes in how we are funded will demand on-going review of strategy and sound financial management practices. Initiatives identified by the Royal Commission have set goals that will ensure that the quality of care that Liberty is renowned for providing to our clients is on-going with continuous quality improvement always at the forefront. Regulatory changes and governance compliance will set challenges for management and the committee. It goes without saying that COVID-19 will continue to motivate us to ensure services are delivered in line with applicable health and safety practices.

I have said it so often and will say it again, the success of Liberty is due to the great team that we have on board – employees, volunteers, committee members, contractors, networking contacts and consultants. I have accumulated so many memories and so much knowledge in my 30 years at Liberty that I will take with me wherever my life journey takes me.

I leave the organisation very proud of what it is. It goes without saying that I wish my successor to have as rewarding a career as I have had and thank all associates of NCRCA and Liberty for the rewarding career that I have enjoyed.

Sincerely,

- Jo Todoruk, CEO







Una, Maria and Claudia at Benowa Tavern



Gillian, Roxie, Lyn at Thorn Park in Miami



# Social Support - Staying Connected

Quality of life is positively impacted by social participation. Positive social interactions influence psychological and physical wellbeing, contribute to healthy ageing, and optimise cognitive and physical functioning. Social participation not only improves physical, mental and emotional health, but also provides an opportunity for people to make new friendships, and contribute to a community through sharing of experiences, skills and knowledge (Ghazi, 2017).

Liberty Community Connect provides a range of group social opportunities for people who are elderly or living with a disability to encourage new friendships, participate in a variety of fun activities, and to have a good laugh.

✨ Community Access is for those people who want to get out and about and experience what the beautiful Gold Coast has to offer. Clients are picked up from their home in a Liberty vehicle and taken out to enjoy picnics, gentle walks and activities in parks, and visiting pubs and clubs for a meal with friends.

✨ Our Centre Based groups are designed for people who prefer the comforts of being indoors and close to amenities. A variety of activities are on offer - bingo, board and floor games, mind games/trivia, and gentle exercise - just to name a few. There is plenty of time to sit and relax with friends over morning tea and lunch. Transport to and from the centre is available in some areas, but if the Liberty bus isn't in the neighborhood transport options may be available through Volunteering Gold Coast or Transcord.

A variety of small groups are also on offer for all clients including craft group, computer lessons and men's day out. Hairdressing and podiatry services are also available in the Centre.

Funding to attend Liberty's group social programs is available to anyone who:

- holds a referral code for 'Social Support Group' from My Aged Care, or
- receives funding under a Home Care Package, or
- receives funding under the National Disability Insurance Scheme

Alternatively call us for advice on obtaining funding on 5578 1668

Please contact Karina or Chris on 5578 1668 for further information  
about our social programs



Assessment Enquiries  
Aged 65+ years or 50+ years for ATSI peoples  
Ph : 1800 200 422





Betty, Ron, Valerie and Roxanne celebrating Royal Week

*Our Elderly Group provides services for people 65+ years and 50+ years for Aboriginal or Torres Strait Islander people.*

## Toe Tappin' Events

It was fantastic to see everyone thoroughly enjoying themselves throughout July to September. We enjoyed various dress ups, great company and exciting activities. Our entertainer Roy, took us back down memory lane with some great old tunes, and some of us even got up for a dance and a sing-a-long.

Our Cook Yvonne, served us up some lovely morning teas and fresh cooked meals, which were enjoyed by all. We even managed to get out and about to some paid venues for lunch and we visited a few parks to get some fresh air. We always look forward to these outings and the clients really enjoy each others' company.

Fun and laughter are always the theme at Liberty. If you would like to join or come along for a free session, please contact Chris or Karina on 5578 1668.



Dorothy and Mary Anne at Benowa Tavern



Joan, Pat and Karina enjoying their day out at a paid venue

## Your Wellbeing

Over the past 18 months, COVID-19 lockdowns and restrictions have isolated people due to a general disconnection with loved ones and the community. If this feeling of isolation is overlooked, it can easily develop into poor mental health.

Finding ways to reconnect with others is very important. Liberty is always here to help and can provide you with a free session to our program. Please see the 'first free visit' voucher on page 14.

If you need to reach out to someone, please contact:

- OPAN - Older Persons Advocacy Network  
opan.org.au/stayconnected or 1800 001 321
- Lifeline: 13 11 14
- 13HEALTH (13 43 25 84)
- Beyond Blue: 1300 224 636



# Focused on Client Outcomes

Getting the most out of Liberty's social groups is important to us - we ensure that the design and preparation of each activity is planned to support, challenge and enhance the psychological, spiritual, social, emotional and physical wellbeing of our folk. Please see below the benefits of some of the activities we do here in the centre and out in the community.

## Sharing Stories

- Improves memory
- Reminiscing
- Mental stimulation
- Connection with others
- Encourages thought process
- Builds confidence

## Playing Games

- Enhance brain function
- Encourage teamwork
- Hand/eye coordination
- Social benefits/positive sportsmanship
- Endless entertainment

## Movement and Exercise

- Prevents disease
- Improved mental health
- Improved cognitive function
- Improved physical health
- Improved balance and coordination

## Benefits of coming to our Social Groups

## Arts and Crafts

- Improved motor skills
- Improved memory
- Reduced stress
- Reduced depression
- Increased communication and socialisation
- Improved brain function

## Outings in the Community

- Reduces stress
- Increased memory
- Socialisation
- Independence

## Quizzes

- Improved problem solving skills
- Increased concentration
- Mental stimulation
- Improved memory



Beverly and Joan celebrating Country Music Festival



Barrie celebrating County Music Festival





Left to right - Jim, Geoff, Peter, Candice and Daniel at a Gold Coast beach

## Out N' About

During the past few months we have been lucky enough to safely continue our program, and exploring our local community. Each week we visit a new part of the Gold Coast to explore what this beautiful city has to offer. This month we have been to Cascade Gardens, Paradise Point, Country Paradise, and we stopped in at several Gold Coast beaches to watch as the waves rolled in.

Getting out and about has never been more important and we are thrilled that we are able to socialise with each other. After a much loved catch up with everyone over morning tea, it is great to stretch the legs and venture out on a walk, identifying the local wildlife and, quite literally, smell the roses.

We promote fun and movement and have several games we play in the park, often in teams, so no need to worry if you do not consider yourself great at games or sports, just having a go and cheering each other on is what it's all about. If you would like to join our group or come along for a free visit, please contact Chris or Karina on 5578 1668.

*"I love coming to Liberty for the fun, the lovely people and I really enjoy the company" ~ Peter M*





Sandra getting pampered by Kerrie

*Liberty's Centre Based programs are designed to support all levels of abilities.*

## Having Fun In The Centre

Here at the centre we have been busy trying out one of our newest activities - 'A Hole in One' - the race to see which team can land the most beanbags in the hole. As we try our hand at accuracy, ultimately resulting in some good old belly laughs, we are having far too much fun to realise we are gently increasing our cardiovascular activity and improving our muscle movement in our upper and lower body.

Every six weeks we enjoy a lunch out in the community, whether it is an outing to a local park for a picnic, soaking in our beautiful Queensland sunshine or enjoying a dining experience in one of our lovely local venues - we are definitely spoilt for choice on the Gold Coast.

Speaking of spoilt, this month we experienced all things foot care. Since massage and pedicures are known to promote good foot health, we could not pass up the opportunity to give our clients an extra special treat and have an in-centre pamper day. Everyone really enjoyed their manicures and pedicures.



Barrie and Shirley enjoying their day out



Brett and Jan at Nerang RSL



# What's On At Liberty



*Nick and Errol enjoying a barbecue out in the community*

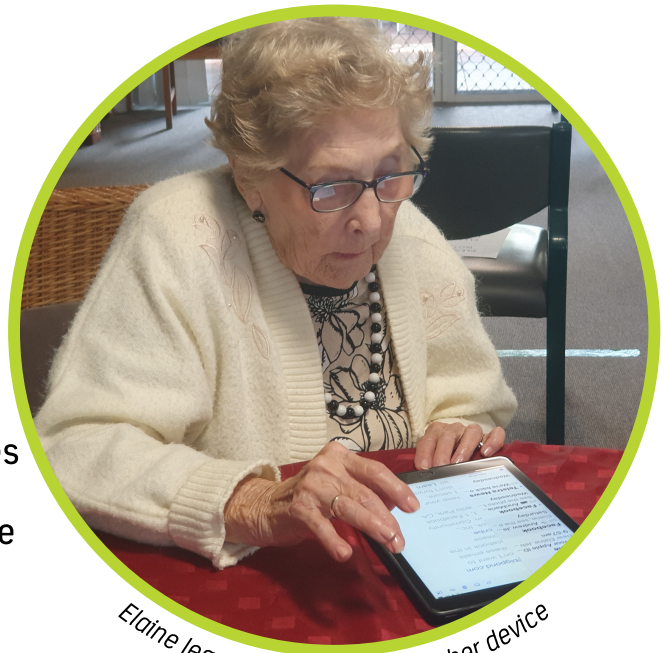
## Men's Day Out

Liberty runs a Men's Day out every six weeks in the Gold Coast community. We do everything from fishing to having a barbecue. Whatever is on the agenda, our blokes really enjoy their time together. If you are able to get around safely and independently why not join the men for our next day out. Please contact Chris on 5578 1668 for more information.

## Connect 2 Tech

Struggling with your computer? Having issue with your phone? Let us help you with it.

We have a team of technology experts that can help you with all of your needs and teach you about navigating around a computer, your smart phone and other personal devices. We have sessions on cyber security, smart phones and how to use the Internet. We tailor all lessons to meet your individual needs and requirements. Each course is five weeks in length at a cost of \$10 per lesson. For more information, please contact Chris on 5578 1668.



*Elaine learning how to email on her device*



*Sandra enjoying creating*

## Craft 2 Create

Feeling crafty? Join one of our craft workshops. Classes include a light morning tea and interactive lessons in creativity.

These classes allow you to express and explore your creative flare whilst connecting with other like-minded individuals. Activities range from painting, to bead work and many other exciting projects in between. No matter your level of creativity, this group will inspire you to create. Please contact Karina on 5578 1668 for more information.



*"Tuesday is my favourite  
day of the week. I get to go  
out with Liberty "*

*~ Betty, The Duchess*



*"We enjoy coming to work  
each day. Every day is  
different - the clients really  
make working here special."*

*~ Michael and Joanne*



*"We love the variety of  
activities Liberty has to  
offer!"*

*~ Bev and Bruce*







## First Visit Free

Come along to our Leisure & Lifestyle program at Liberty Community Connect. We truly have something for everyone here, whether it be going out in the community for the day or spending time here in the centre.

You will enjoy a meal, have a ton of laughs, make new friends and we may be able to pick you up and drop you home.

To make a booking please phone Chris or Karina on 5578 1668

*\*Subject to availability and limited to one free visit per person*

Valid to  
31 DECEMBER 2021

LIBERTY COMMUNITY CONNECT  
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T: (07) 5578 1668 | E: [info@libertycommunity.org.au](mailto:info@libertycommunity.org.au) | W: [libertycommunity.org.au](http://libertycommunity.org.au)





# Wellness and Reablement at Home

Liberty are here to help each client maximise their living potential with a heavy focus on health and wellbeing, both physically and mentally.

We successfully provide a wide range of support services both in the home and here at our centre designed to help you remain living in your home and to combat isolation. It is so important that your community connection is maintained. The quality of your care will always be Liberty's highest priority. Liberty's guidelines in providing the highest quality of care are as follows:

- Both the client and the service understand and value wellness and reablement
- Family and carers support the wellness and reablement approach
- The client makes the decision that they want to improve their independence and quality of life
- The whole needs of the client are looked at, not just one part
- The client is able to make gains in their own wellbeing, ability to do things and social life
- Support workers are trained in wellness and reablement
- The goals are the clients and they have meaning to them
- Client-centered support is used to meet a client's needs

To successfully implement a wellness approach our support staff, together with you, will focus on building your individual strengths, capacity and goals to help you remain independent and to live safely at home. This approach to service delivery extends to our Leisure and Lifestyle programs and we encourage you to take advantage of our 'first visit free voucher' (left).

\*My Aged Care Learning Environment (MACLE) Training

## Home Support

Commonwealth Home Support Programme (CHSP) is considered a base level of support and care, in comparison to a home care package, for people 65+ and 50+ for Aboriginal or Torres Strait Islander people. If you have a carer who needs to attend everyday activities support is available through CHSP for someone to stay with you while your carer is away. Call Melissa or Rowena on 5578 1668 to discuss, or better still call in and meet the crew.

Liberty provides the following home services to support clients through the CHSP funding:

- In Home Respite - allowing carers a well deserved break
- Home Maintenance – lawn and garden maintenance
- Personal Care – hygiene assistance/personal grooming
- Social Support – assistance with shopping, and banking, one on one activities which can include, but are not limited to, visiting the library, a picnic or participating in a hobby
- Domestic Assistance – house cleaning
- Podiatry - provided in our centre at Nerang every six weeks





## A Bit About Daniel

Daniel has been a client with Liberty for five years and attends the Community Access group. He first heard about Liberty when his family suggested Liberty Community Connect as his service provider, which they had found on the internet.

Funding received through the NDIS supports Daniel's attendances in the Community Access group so he can fulfil his goals and needs for socialising with others, creating a deeper independence and having a purpose and meaning in his life.

Daniel's favourite activities here at Liberty are going on outings, assisting the support staff with cooking the barbecue lunch and anything involving food. He especially loves the long walks with staff whilst on outings and enjoys being outside in nature.

Daniel brings a lot of laughter and playfulness to the group and he considers himself a joker – he brings great ideas to the group with his suggestions on parks and venues that he would like to visit.

Some of Daniel's favourite activities are ten-pin bowling, playing board and computer games, watching comedy movies and Home and Away, going for long walks, cooking barbecues, holidays at Noosa and spending time with his nieces and nephews.

*"I am very happy with what I get to do here and I enjoy any parks with a barbecue"*  
~ Daniel C



Please [click here](#) to check out information regarding the NDIS



# Benefits Of A Home Care Package ~ Having A Purpose



*Kath and John a couple on a Home Care Package*



Purpose is the difference between existing and living. Purpose means having clear goals to keep us engaged in our day-to-day lives. Without it, we lack vitality, productivity and risk cognitive and physical decline.

A Home Care Package with a wellness and reablement approach to ageing, sees older adults setting purposeful goals for how they wish to live and to help regain and maintain independence and autonomy for as long as possible - at Liberty we are dedicated to walk this path with you.

A Home Care Package with Liberty will incorporate your goals to guide and nurture the support we deliver, making sure to utilise your home care package funds to maximise supports so that you can achieve your desired outcomes. Liberty are focused in seeing and understanding what you need.

It is important that we regularly monitor and implement government changes. Home Care Packages are changing the way in which the funds are distributed. Liberty will manage these changes and keep you well informed along the way, minimising any impact to the delivery of your services.

Home Care Package funds can also support you socially - our social group programs do all the hard work for you. Our programs are developed to not only create an enjoyable environment, but to nurture social interactions. We have had wonderful memories and friendships that have formed here. For more information about our social programs please contact Chris or Karina on 5578 1668.

**Make every day a good day!**

For any information on Home Care Packages, please call Rowena or Melissa on 5578 1668.





## Deja Vu

Spring has sprung, Christmas is coming and all of the other occasions that we look forward to are still taking place - weddings, birthdays, anniversaries, and connecting with friends and family - to name a few. That being said, if you need a small gift, a card, something to make you smile, remember, or "just because!" then visit our little shop and see 'what's new!'. The stock is always changing, thanks to those who donate and create. New and pre-loved items are gratefully accepted.

Books, Dvds, Cds and jigsaws are proving popular. Clothes, shoes, jewellery, accessories, and bric-a-brac are always sought after. If in need of a tasty treat we have chips, twisties, chocolates and sweets.

I look forward to seeing you in the shop. Come in for a browse and I will help you find something special.

Cheers, Sharyn from the shop...



## Scissors N' Sass

Hello Everybody, I have checked the calendar, and would you believe it is only 12 weeks until Christmas! But wait there is more excitement - Melbourne Cup is in November, so first things first. Ladies and Gents it's time to get the 'wow factor' and get into the party mode.

The choices are endless, a new hair style, foils, change of colour, or be courageous and do both.

Stay safe and have a good one.

Hoo roo

Lorraine





# Our Fabulous Sticky Date Pudding

## DESSERT

*Recipe from Yvonne the cook here at Liberty, who generously shared her favourite sticky date recipe with us*

### Ingredients

- 1 ¼ cups (200g) soft seeded dried dates
- 1¼ cups (310ml) boiling water
- 1 teaspoon bicarbonate of soda (baking soda)
- 50g copped butter
- ½ cup firmly packed brown sugar
- 2 eggs, beaten lightly
- 1 cup (150g) self raising flour

### Butterscotch Sauce

- ¾ cup (150g) firmly packed brown sugar
- 300ml pouring cream
- 80g butter

### Method

1. Preheat oven to 180°C. Grease a deep 20 cm round cake pan. Line base and side with baking paper
2. Combine dates and the water in a medium heatproof bowl. Stir in baking soda and stand for 5 minutes
3. Blend or process date mixture with butter and sugar until smooth. Add eggs and flour and blend or process until just combined. Pour mixture into pan.
4. Bake cake for about 1 hour. Leave cake in pan for 10 minutes before turning top-side up, onto a serving plate. Make butterscotch sauce. Serve cake warm
5. [Butterscotch Sauce](#) - Stir ingredients in a medium saucepan over low heat until smooth.



# A R T T H E R A P Y





# W O R D S E A R C H

B	O	O	R	G	R	A	S	S	D	F
L	I	T	T	E	R	R	Z	P	F	G
N	J	I	T	R	E	E	R	R	R	P
E	B	A	T	W	C	D	E	I	L	R
T	W	P	O	S	Y	U	U	N	S	E
B	R	L	S	J	C	C	S	G	N	S
D	F	A	D	W	L	E	E	T	E	E
Y	L	N	S	I	E	V	V	T	T	R
G	A	T	O	H	A	K	S	G	T	V
S	K	S	P	S	N	A	T	U	R	E
H	E	W	G	M	W	E	A	R	T	H

clean  
earth  
flowers  
glass

grass  
green  
lake  
litter

nature  
planet  
plants  
preserve

recycle  
reduce  
reuse  
save

trash  
tree  
waste  
water





## Aged Care Employee Day

On Monday, 13th September, the committee hosted an afternoon tea for all employees of Liberty to acknowledge the commitment and support they provide to Liberty. The afternoon was a huge success with around 45 employees attending. All employees received a Certificate of Appreciation and chocolates, with several staff winning lucky door prizes.

We would like to thank all employees for their continued service and support. We would also like to formerly thank the committee for their acknowledgement and appreciation.

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## Important Contacts

ADA Australia (Aged and Disability Advocates) - 1800 818 338

Aged Care Quality Safety Commission - 1800 951 822

Beyond Blue (depression, anxiety and related disorders) - 1300 224 636

Carer Gateway - 1800 242 636

Deaf Services Queensland - 3892 8500

Deaf & Other Communication issues -

- 24 hour relay ~ TTY/voice calls ~13 36 77
- Speak & listen ~ 1300 555 767
- SMS relay ~ 0423 677 767

Department of Community, Disability Services & Seniors - 1800 080 464

Disability Information Service - 1800 177 120

Energex (power supply/outages) - 13 62 62

Gold Coast City Council Seniors and Disability Directory - 1300 465 326

Lifeline (counselling and support) - 13 11 14

Life threatening emergencies (critical or serious situations only) - 000 or from mobile 112

Meals on Wheels, Nerang - 5596 1026

My Aged Care - 1800 200 422

National Coronavirus Helpline - 1800 020 080 ([www.health.gov.au](http://www.health.gov.au))

NDIS - 1800 800 110

Older Persons Advocacy Network (OPAN) - 1800 700 600

Queensland Community Support Scheme (QCSS) 1800 600 300

Seniors One Stop Information Line (no question too big or small) - 1300 135 500

State Emergency Service - SES (flood and storm assistance - fallen trees, roof damage, floods) - 13 25 00

Transcend Community Transport Services - 5539 3733

Translating and Interpreting Service (TIS National) - 13 14 50 and ask to be connected to 13QGOV

Vision Australia - 1300 84 74 66

Volunteering Gold Coast Transport - 5526 5288



# Staff - Employee and Volunteer Complaints, Grievances and Feedback

## - No: 5.5

### POLICY STATEMENT

In fostering good relations between staff and management LIBERTY

- endorses each staff members right to raise a complaint or dispute and is committed to timely resolution of all issues which arise, other than policy matters
- ensures complaints and disputes are addressed within a timely and confidential manner without fear of retribution, and
- encourages staff to provide comments or suggestions to improve services, processes and procedures.

### PROCEDURES

- General
  - problems can arise from the behaviour, action or decisions of management or other staff
  - complaints and grievances must be treated by all parties with the utmost confidentiality and the complainant must not be victimised
- Staff Member Steps and Support
  - the staff member with a complaint or grievance is supported to initially discuss the problem with the person/s directly involved with the aim of clearing up any misunderstandings or confusions and consequently solve the problem quickly
  - if the matter is not resolved, they may take the complaint or grievances to the next, higher level of supervision/management
  - if the conflict involves the Supervisor and cannot be resolved, the matter is to be discussed with the Operations Manager or Chief Executive Officer.

Please note this a excerpt of Policy 5.5

## LIBERTY FEEDBACK

Each year Liberty gives the opportunity for our clients/participants to take part in our annual survey. This allows us to review our service delivery and adapt where necessary so we can continue to provide high quality services to the Gold Coast community. Your feedback is welcome at any time.

If you have something you would like to share with us, please complete and return the Feedback Form below.

**As we all know "little things matter" and it's often the small details that make a big difference. So big or small we want to hear from you. What do you love about Liberty? What do you think could be improved? It certainly matters to us if it matters to you, but we won't know unless you let us know.**

We encourage you to:

- Send us an email ([angela@libertycommunity.org.au](mailto:angela@libertycommunity.org.au))
- Give us a call on 5578 1668
- Fill in the feedback form and return to us at the centre or post to PO Box 446, Nerang Qld 4211

### FEEDBACK FORM

Name: \_\_\_\_\_

Phone : \_\_\_\_\_

Suggestions/Complaints Feedback: \_\_\_\_\_



# Our Thanks Go To

Liberty Community Connect often receives, donations, grants and funding. We would like to thank those who have contributed to making Liberty that little bit more special. Without you, we would not be where we are today.



The  
Department  
of Health



Queensland Government

## A Little Bit About Liberty

Liberty Community Connect offers a diverse range of support services on the Gold Coast. Opportunities include activities that are fun, interactive and offer choice and are available in either our 'home away from home' centre at Nerang or within the community ~ out and about exploring and participating in all that the Gold Coast has to offer. Additionally, we assist with support within the home ~ house cleaning tasks, shopping, appointments, personal care/hygiene, laundry and respite care (to name but a few). Allied health services, such as podiatry and a broad range of support on various health and wellness issues, lawn mowing and yard tidies are also available. We tailor support ranging from basic needs under the Commonwealth Home Support Programme, to managing a diverse range of services through home care package funding, including clinical care, and the National Disability Insurance Scheme. All up ... we're the true meaning of a one stop shop in supporting people to live in their home and to be a part of their community ensuring a better life for all.

Would you like to make a  
difference  
and empower people to  
actively participate and live  
a life of their  
choice ?

### Volunteering At Liberty

People choose to volunteer for a variety of reasons - for some it offers the chance to give something back to the community or make a difference to the people around them, and for others it provides an opportunity to develop new skills or build on existing experience and knowledge.

Liberty has a range of volunteering opportunities available. If you are interested in becoming part of our team phone Chris on 5578 1668

We welcome your enquiry to find out more about us.

For more information please give us a call on 5578 1668, go to our website at [www.libertycommunity.org.au](http://www.libertycommunity.org.au), Facebook or drop in and see us at 31 Martin Street, Nerang.

It is through the generosity and the power of community that Liberty can continue the great work it does. If you would like to assist in enhancing the quality of life for people with a disability, people who are older, their carers and their families please donate by cheque or EFT

All donations \$2 and over are tax deductible

Name : \_\_\_\_\_

Email : \_\_\_\_\_

Phone Number : \_\_\_\_\_

Address : \_\_\_\_\_

\_\_\_\_\_ Postcode: \_\_\_\_\_

Amount Donated : \_\_\_\_\_

I have included Liberty Community Connect in my will Y/N

Payment Type:

ELECTRONIC TRANSFER

BSB: 633-000

Account No: 133382044

Reference: Your Name



Liberty Community Connect  
is a registered Charity  
(DGR 900 490 770)