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# Liberty Community Connect

Cora was twelve years old when her family moved to Numinbah, Gold Coast. Her father owned a dairy farm and Cora would help by doing a variety of tasks, from bookkeeping to driving the heavy vehicles.

In her spare time, she played tennis at the local school and this is where she met Harold. Harold was a hardworking man, a woodwork trophy winner and soon to be husband.

Harold and Cora enjoyed their time together, travelling parts of Australia, ballroom dancing, catching crabs, swimming in local rivers, and just simply enjoying each other's company. They married in 1955 and in the years that followed, had five children, those children had nine children, and those nine children had three children. Cora is a very proud mother, grandmother and great grandmother.

When Harold passed away Cora moved to a quiet area in Nerang. There she met a lady who recommended her to visit Liberty Community Connect.

### "There are no strangers here, only friends you haven't met" ~ Cora

She was interested in coming along and having someone she knew that also went made the decision quite easy. Cora joined Liberty's Leisure and Lifestyle group, and this is where her new chapter would begin.

Cora now attends Liberty once a week for a fun packed day of activities, food and laughter. Cora also receives some help cleaning in her home by the staff at Liberty. "The girls are lovely, ten out of ten I give them."

At Liberty, Cora has made real connections, and friends! She enjoys the laughter, the games, the stories and the food - to name a few. "Before coming to Liberty my only outing was going to the local shops and now I have something to look forward to. Coming to Liberty is the highlight of my week!"



### Leisure and Lifestyle Upcoming Events

First visit is complimentary. Please phone to book T&C apply

You're Never too Old to Have Fun!



23 - 27 March **Pirate Week** 

Fancy dress costumes, decorations right through, fiction and facts with a treasure hunt too



Bring your favourite festive and fabulous hat to show off. Enjoy games, friends & fun with a hot cross bun

5 - 8 May

### **Mother's Day Week**

Come adorned in floral attire, bring your stories in to share as we celebrate all Mothers here and there

From the mouths of babes - Pre school visit dates to be confirmed

For more information please call 5578 1668

#### 10 - 13 March COOKING LESSONS

**16 - 20 March** BINGO AND BALL GAMES

**14 - 17 April** WELLNESS WEEK Guest speakers on financial wellbeing, Wills and nutritian

18 - 22 May NATIONAL VOLUNTEER WEEK Celebrating and recognising our volunteers

### Outings to

13 March Banksia Park 17 March Currumbin Beach 19 March CSI Club Southport 24 March Benowa Botanical Gardens 30 March Southport RSL 3 April Kropp Park 6 April Burleigh Bears 22 April Ross Evans Garden 30 April Laguna Lake

As 25 April approaches Liberty would like to <u>remember</u> and <u>acknowledge</u> those who served our nation

on <mark>ANZAC DAY</mark>. "Lest We Forget"

## Home Care Packages

HOME SUPPORT NURSING & ALLIED HEALTH

### COMMUNITY SUPPORT

HOUSE & GARDEN MAINTENANCE

Liberty's home care package service offers a huge range of options that can help you maintain your home, care for your health and access your community.

These services are provided by our qualified and experienced staff, or contractors, on an individual basis.

We tailor your supports to meet your needs. Our Client Services Team are local and dedicated to being there to assist you when you need it.

If you receive a letter from My Aged Care advising you have been assessed as eligible or you have been allocated a Home Care Package give us a call. We will come to you, and sit down face to face to answer your questions, provide you with a quote and arrange your requested services. An individualised plan will be created so that you are fully informed and maximising the benefits of your funding.

#### FOR MORE INFO CALL US ON 5578 1668

Visit us via our website libertycommunity.org.au or find us on facebook



### Important Notices





Public Holidays 10 April - Good Friday (Centre Closed) 13 April - Easter Monday (Centre Closed) 4 May - Labour Day (Centre Closed)

If you still have copper wire technology your phone line will start to cease on the Gold Coast. If you have not yet swapped over to the NBN, and want to retain your landline, we suggest that you contact your phone provider urgently to find out if/when your telephone service will cease.

A prescription service will once again be offered in our Leisure and Lifestyle programs. Bring your script to the program and Chempro Chemist Nerang Fair will collect it and return your medication ready for you to take home in the afternoon. Chempro are also happy to hold the script for clients to make re-filling easy and convenient and will even give you a reminder when a repeat is needed.

PICK UP AND DELIVERY IS FREE WITH A COST OF \$6.60 FOR MOST MEDICATIONS (PAYABLE BY CASH ONLY) FREE GAMES MORNING from 9am - 11am at Runaway Bay Shopping Centre, every first and third Tuesday of the month. Each player receives a free barista coffee or tea.

### If you have any questions please contact the office on 5578 1668

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